



NURSE FAMILY PARTNERSHIP

Description

The Nurse Family Partnership (NFP) is a program that involves home visits typically conducted by trained registered nurses. NFP focuses on providing assistance to young, first-time, low-income mothers from early pregnancy until their child reaches the age of two. The main objectives of NFP are to enhance the health, relationships, and economic well-being of both mothers and their children.

Nurses in the NFP program offer support in various areas, including personalized goal setting, promoting preventive health practices, enhancing parenting skills, and assisting with educational and career planning. However, the specific content of the program is tailored to meet the individual needs and preferences of each mother.

The Nurse Family Partnership is regarded as a well-supported practice by the Title IV-E Prevention Services Clearinghouse (<https://preventionservices.acf.hhs.gov/>).

Target Population

NFP is intended to serve **young, first-time, low-income mothers from early pregnancy through their child's first two years**. Though the program primarily focuses on mothers and children, NFP also encourages the participation of fathers and other family members.

Dosage

Mothers enroll early in their pregnancy (no later than the 28th week of gestation) and may continue with the program until their child turns two. During this time, NFP aims for 60 visits that last approximately 60-75 minutes each. During the first month after enrollment, nurses visit mothers weekly. After the first month, the visits continue on a biweekly basis or as-needed.

Recommended Locations/Delivery Settings

NFP is delivered through one-on-one visits in the home or a location of the mother's choice.

Education, Certifications and Training

Registered nurses with a bachelor's degree or higher typically deliver NFP. They are required to complete all educational sessions with the NFP National Service Office (NSO). In-person and online trainings provide guidance on how to implement the program model with fidelity. They also provide guidance on how nurses can successfully develop therapeutic relationships with mothers. NFP nurses also participate in ongoing, regular meetings with staff members and NSO supervisors.



NFP training materials are offered in both English and Spanish.



Nurse Family Partnership, continued

Contact Information for Developers

Website: <https://www.nursefamilypartnership.org/>

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Email: support@nursefamilypartnership.org

States outside of Florida implementing NFP under FFPSA:

- Washington
 - Website: <https://www.dcyf.wa.gov/practice/practice-improvement/ffpsa>
 - POC: Phyllis Duncan-Souza, Family First Prevention Services Administrator
 - Email: Phyllis.duncan-souza2@dcyf.wa.gov
 - Phone: 253-312-4226
- Wisconsin
 - Website: <https://dcf.wisconsin.gov/family-first>
 - Email: dcfhomevisiting@wisconsin.gov or dcfweb@wisconsin.gov
- Michigan
 - Website: <https://www.michigan.gov/mdhhs/adult-child-serv/prevention-services>
- North Dakota
 - Website: <https://www.hhs.nd.gov/family-first>

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