# **HOMEBUILDERS**

## Description

Homebuilders offer intensive, in-home counseling and support services to families with children (aged 0-18) who are at risk of being placed outside their homes or who are currently placed and require intensive in-home assistance for reunification.

Homebuilders practitioners conduct comprehensive assessments that focus on family strengths, values, and obstacles to achieving goals. Collaborating with family members and relevant individuals, practitioners develop intervention goals and service plans specifically addressing the risk of out-of-home placement or reunification. Throughout the intervention, practitioners prioritize safety by creating safety plans and employing clinical strategies.

Homebuilders utilize evidence-based intervention strategies such as Motivational Interviewing, cognitive and behavioral techniques, and instructional methods for skill acquisition and behavior change. Practitioners support families by offering tangible goods and services related to intervention goals, engaging with formal and informal community supports, and empowering family members to advocate for themselves.

Homebuilders is recognized as a well-supported practice by the Title IV-E Prevention Services Clearinghouse (<a href="https://preventionservices.acf.hhs.gov/">https://preventionservices.acf.hhs.gov/</a>).

## **Target Population**

Homebuilders serves families who have children (**0-18 years old**) at imminent risk of out-of-home placement or who are in placement and cannot be reunified without intensive in-home services.

## **Dosage**

Homebuilders services are concentrated during a period of 4 to 6 weeks. Families typically receive 40 or more hours of direct face-to-face services. The family's Homebuilders practitioner is available to family members 24 hours per day, 7 days per week, with primary back up from the Homebuilders supervisor. Services are tailored and sessions are flexibly scheduled based on the family members' needs, goals, values, culture, circumstance, learning styles and abilities.

#### **Recommended Locations/Delivery Settings**

Treatment services primarily take place in the client's home. Services are provided when and where the family needs them, including other community locations (e.g. school).

#### **Education, Certifications and Training**

Homebuilders practitioners are required to have a master's or bachelor's degree in psychology, social work, counseling, or a closely related field. Practitioners with a bachelor's degree are also required to have at least two years of related experience working with children and families.



## Homebuilders, continued

Supervisors and program managers are also required to have a master's or bachelor's degree in social work, psychology, counseling or a closely related field. Those with a master's must have at least two years of experience working with children and families. Those with a bachelor's degree must have at least four years of experience as a Homebuilders practitioner. If they do not have prior Homebuilders experience, supervisors must complete at least six Homebuilders interventions during their first year.

Practitioners, supervisors and program managers receive initial and ongoing training, consultation and support to deliver quality services and ensure fidelity to the Homebuilders model. The Homebuilders Quality Enhancement System (QUEST) includes start up consultation and technical assistance, webinars, 15 -17 days of workshop training for all staff during the first two years, an additional 2-4 days of workshop training for supervisors and program managers, ongoing team and supervisor consultation with a highly trained and experienced Homebuilders consultant, fidelity reviews and site visits.



## Materials are available in English and Spanish.

#### **Contact Information for Developers**

Website: <a href="www.institutefamily.org">www.institutefamily.org</a> Email: info@institutefamily.org

## States outside of Florida implementing MI under FFPSA

- Virginia
  - Website: <a href="https://familyfirstvirginia.com/index.html">https://familyfirstvirginia.com/index.html</a>
  - o Email: <a href="mailto:familyfirst@dss.virgina.gov">familyfirst@dss.virgina.gov</a> or <a href="mailto:ebplab@vcu.edu">ebplab@vcu.edu</a>
- Nebraska
  - o Website: <a href="https://dhhs.ne.gov/Pages/Family-First.aspx">https://dhhs.ne.gov/Pages/Family-First.aspx</a>
  - o Email: <u>DHHS.FamilyFirst@nebraska.gov</u>
- Washington
  - o Website: <a href="https://www.dcyf.wa.gov/practice/practice-improvement/ffpsa">https://www.dcyf.wa.gov/practice/practice-improvement/ffpsa</a>
  - POC: Phyllis Duncan-Souza, Family First Prevention Services Administrator
    - Email: Phyllis.duncan-souza2@dcyf.wa.gov
    - Phone: 253-312-4226
- Michigan
  - o Website: https://www.michigan.gov/mdhhs/adult-child-serv/prevention-services
- North Dakota
  - Website: <a href="https://www.hhs.nd.gov/family-first">https://www.hhs.nd.gov/family-first</a>
  - o Email: <a href="mailto:dhscfs@nd.gov">dhscfs@nd.gov</a>

